

## GARDEN HARVEST

### FINGERS AND DIP (V)

Cut raw carrot / cucumber fingers / fresh hummus / roasted organic beetroot dip  
30  
with babaghanoush (V)  
40

### EDAMAME (V)

Organic green soy beans steamed / sprinkled with Kusamba sea salt  
37

### VIETNAMESE RICE PAPER ROLLS (V)

Bean sprouts / cucumber / spring onion / vermicelli / organic mint / cilantro 40 wrapped in rice paper / homemade sweet spicy dipping sauce  
40

### GADO-GADO

Mixed organic garden vegetables / bean curd / free range egg / fresh homemade spicy peanut sauce  
45

### BEAN SALAD WRAP (V) (P)

Three re-fried bean medley / crunchy seasonal lettuce / chopped vine ripened tomato / toasted tortilla wrapped  
55

### LETTUCE WRAPS (V)

Teriyaki ginger marinated tofu and tempeh / bean sprouts / grated carrot / coriander / cucumber strips/ brown rice / peanut sauce / wrapped in lettuce leaves  
55

### ORGANIC DAHL AND PITA (V)

Fresh homemade organic Dahl / toasted crusty pita breads / house sweet spicy fruit chutney  
65

### BUDDHA BOWL (V)

Coconut / organic garden lemongrass broth / shitake mushrooms / rice noodles / organic garden greens / coriander  
65

### TRIO BEANS SALAD (V) (P)

Mix Chick peas / red white kidney beans / dressed imported balsamic vinegar  
65

### GREEN AND GRAINS BOWL (V)

Red and white quinoa / organic brown rice / English spinach / dukkha rolled egg  
65

### SEVEN BEANS MEANS PROTEINS (V) (P)

Chick peas / red kidney bean / white kidney bean / white soy bean / mung bean / cannellini bean / black bean / organic brown rice / Balinese spices - "Grandmothers method".  
65

### VEGETABLE LAWAR (V) (GF) (DF)

Balinese mixed vegetables / grated local coconut / fresh spices  
65  
with satay organic tofu (P)  
75

### BEAN QUESADILLA (V)

Organic mung beans / seasonal roasted vegetables / smashed avocado / raw cashew cheese / toasted tortilla  
65

### STUFFED SWEET POTATO (V) (GF)

Organic sweet potatoe roasted / fresh garden kale / ginger / lemon zest / activated seed sprinkle / cashew cheese garlic parsley dressing  
65

### WARM PASTA BOWL (E)

Tortalle pasta / crispy back bacon / grilled onion / garlic / capsicum medley/ roasted home-grown pumpkin / chilli / cold pressed olive oil / Italian herbs / fresh feta / almonds / organic garden rocket / Crunchy Beetroot Organic beetroot / walnuts / low fat feta / Italian balsamic vinaigrette  
70

HOTEL KOMUNE

## HEALTH HUB LUNCH MENU

Hotel Komune's Health Hub Menu is free of palm oil usage / MSG / artificial additives / packaged ingredients / cane and refined sugar and any GMO products. Is intended to be locally sourced / organic as a first choice / environmentally sustainable / supports local farmers when not grown on site in Hotel Komune Organic Garden. All chicken or pork products are free range / seafood is sustainable and not farmed / beef is first quality Australian air flown.

### HEALTH KEY

(V) VEGETARIAN | (P) PROTEIN RICH | (PS) PESCATARIAN | (GF) GLUTEN FREE | (DF) DAIRY FREE | (E) EXCELLENT

#### CRUNCHY BEETROOT

Organic beetroot / walnuts / low fat feta / Italian balsamic vinaigrette  
70

#### SOM TAM - GREEN PAPAYA SALAD (V)

Young fresh picked paw-paw / vine ripened tomatoes / green beans / peanuts / chilli lime dressing  
70

#### MACRO BOWL (V) (P)

Organic local Brown rice / steamed seasonal vegetables / sea vegetables / marinated grilled tofu / tempeh / grated carrot / beetroot / jicama / mound of mixed sprouts / avocado / roasted pumpkin / sesame seed sprinkle / lemon tahini dressed  
75  
with quinoa (no rice) (P)  
80

#### LEMON CAPELLINI (V)

Capellini pasta / lemon zest / organic garden fresh basil / vine ripened cherry tomatoes / garlic / cold pressed olive oil / lemon juice  
75

#### RUCCOLLA AND APPLE SALAD (GF) (P)

Fuji apples/ fennel / shallot / organic garden rocket / parsley / walnuts / sherry dressing / grated Italian parmesan  
75

#### CABBAGE PEANUT SALAD (GF) (DF)

Lebanese crunchy cabbage / activated caraway seeds / zesty lime dressing  
75

#### QUINOA SALAD (GF) (DF)

Organic quinoa / mixed seeds / organic garden rocket / wild bush honey dressing  
75  
with satay organic tofu (P)  
85

#### AYURVEDIC KITCHEREE (V)

Basmati rice / organic split mung beans / local pumpkin / zucchini / ginger / coriander / cumin / turmeric / ghee  
75

#### HEALTH MEX BOWL (V) (P)

Black beans / pinto beans / organic brown rice / grated carrot / beetroot / hikma / pico de gallo / guacamole mound / chipotle yoghurt / coriander topping / fresh organic sprouts  
75  
with cheddar cheese (P)  
85

#### VIETNAMESE SALAD (V)

Crunchy julienned vegetables / cabbage / carrot / shallots / bean sprouts / rice noodles / mint / cilantro / nuts / sweet spicy lime dressing  
80

#### GRILLED HALLOUMI TOWER (V)

Layered organic grown rocket / grilled garden fresh eggplant / grilled capsicum / zucchini / beetroot / avocado / pine nuts / cold pressed olive oil  
80

### WOOD FIRED OVEN

#### CHEESE AND GARLIC FLATBREAD (E)

Fresh rolled flour dough / mozzarella cheese / cheddar cheese / garlic / Kasumba rock salt  
65

#### PUMPKIN FLATBREAD (V)

Bed of organic basil pesto / crispy roasted pumpkin / organic rocket / pinenuts / low fat feta  
95

#### VEGETARIAN FLATBREAD (V)

Fresh organic tomato Napoli sauce base / organic grilled aubergine / zucchini pasta strips / walnuts / low fat feta  
95

### OCEAN

#### HOMEMADE FISH CAKES (P) (PS)

Ocean fish minced / fresh herbs and spices / roasted organic vegetable salad / cashew dressing / tempe fries  
65

#### PEPES TAHU (P) (PS)

Organic tofu / mixed mushrooms / tomato / root spices / banana leaf wrapped and steamed  
70

#### QUINOA SALAD (GF) (DF) (P)

Organic quinoa / mixed seeds / organic garden rocket / wild bush honey dressing / satay white fish  
95

#### PRAWN MANGO SALSA (P) (PS)

Grilled sea prawn / baby organic grown rocket / cashew nut and macadamia dressing / lemon grass infused zesty lime dressing / organic quinoa  
95

#### SNAPPER ESCHALOTTE (GF) (DF) (P) (PS)

Locally caught fresh poached Snapper fillet / Balinese spices / chilli sambal / blanched organic asparagus tropical salsa  
95

#### SESAME TUNA (P) (PS)

Sashimi grade tuna fillet / nicoise salad / olives / green beans / soft boiled egg / potato / vine ripened tomato fresh herbs / homemade mustard dressing  
130

## PADDOCK 2 LEGS & 4 LEGS

### LETTUCE WRAPS (P)

Teriyaki ginger marinated tofu and tempeh / bean sprouts / grated carrot / coriander / cucumber strips/ brown rice / peanut sauce / wrapped in lettuce leaves / free range chicken  
65

### CHICKEN BREAST PITA (P)

Flame grilled free range chicken fillet / bacon (optional) / dry slaw / cucumber / vine ripened tomato / chipotle mayonnaise / toasted pita fold  
65

### MACRO BOWL (P)

Organic local Brown rice / steamed seasonal vegetables / sea vegetables / marinated grilled tofu / satay chicken / grated carrot / beetroot / jicama / mound of mixed sprouts / avocado / roasted pumpkin / sesame seed sprinkle / lemon tahini dressed  
85

### VEGETABLE LAWAR (GF) (P)

Balinese mixed vegetables / grated local coconut / fresh spices/ free range chicken  
85

### ROAST VEGETABLE SALAD (GF) (DF) (P)

Roasted beetroot / organic grown pumpkin / sweet potato/ vine ripened tomato / jicama / zucchini / onion organic garden rocket / pumpkin seeds / light mustard dressing / satay free range chicken  
95

### RUCCOLLA AND APPLE SALAD (GF) (P)

Fuji apples/ fennel / shallot / organic garden rocket / parsley / walnuts / sherry dressing / grilled organic chicken Breast / grated Italian parmesan  
95

### VIETNAMESE SALAD (P)

Crunchy julienned vegetables / cabbage / carrot / shallots / bean sprouts / rice noodles / mint / cilantro / nuts / sweet spicy lime dressing / free range chicken breast  
100

### GREEK LAMB VEGETABLES (P) (GF)

Ground lamb kofte / mixed seasonal charred vegetables / activated seed mix topping / avocado / cucumber mint low fat sour cream  
95

### GRILLED CHICKEN(P)

Organic free range chicken breast / rocket / organic quinoa salad / rustic grilled potato / 'ketchup manis' dressing  
125

### FINISHER

#### CASHEW CHEESE CAKE (V) (GF)

Blended cashew nut / local mango / fresh coconut water / coconut oil / cut to bite squares  
25

#### ALMOND DATE CAKE (V) (GF)

Chopped fresh almond / imported dates / grated toasted local coconut gratings  
25

#### SWEET POTATOE KLEPON (V)

Organic Balinese purple sweet potatoe / local palm sugar filled  
25

#### DRIED FRUIT BALLS (V)

Mixed dried fruit / pineapple / apricot / raisin / fig / mango / date / sesame seed rolled  
30

#### FRUIT PLATTER (V)

Selection of fresh local fruits  
40

#### WATERMELON PIZZA (V)

Full round slice organic watermelon / mixed seasonal tropical fruit pieces / fresh homemade jam topping  
40

#### COCONUT CREPES (E)

Light fluffy crêpes / grated coconut / mango gelato  
50

• ALL PRICES ARE IN RUPIAH (000) AND ARE SUBJECT TO 11% VAT AND A 10% SERVICE CHARGE FOR OUR AWESOME STAFF •



Unsure?  
Ask our friendly  
staff for advice!

